



MONTEREY PENINSULA College

Student Job Center, Federal Work-Study Employment Opportunity

General Information

Name of position	Student Wellness Ambassador
Classification	Level II
Pay Rate	\$17/hour
Work Schedule	Mondays & Wednesdays 8am - 5pm
Length of Employment	August 19, 2024 thru May 21, 2025 (Fall & Spring semester, teaching days only)
Department	Student Health Services
Supervisor	LeAnn Contapay; email: Lcontapay@mpc.edu

Please review our job description:

Under the direction of the Coordinator of Student Health Services at Monterey Peninsula College, the Student Wellness Ambassador will work collaboratively with the rest of the Student Health Services (SHS) team and campus partners to help with the outreach, promotion, and prevention efforts. They will deliver student health education, encourage and provide peer-to-peer support, promote campus policy, systems, and environmental changes to support a healthier campus culture. Additionally, they will contribute to the continuous improvement of SHS operations.

The ultimate goal of the Student Wellness Ambassador is to create a campus environment that supports students in their well-being and academic success, reduces stigma and barriers to accessing health services, and promotes positive student health behaviors.

Duties and Responsibilities

- Provides support to Student Health Services staff during wellness workshops, presentations, support groups and events
- Lead our weekly "Wellness Wednesday" Peer Support Space with our Mental Health and Wellness Specialist- includes recruiting student helpers, and networking to increase attendance of said support space



MONTEREY PENINSULA College

- Represents Monterey Peninsula College Student Health Services and develops a strong network of relationships with Student Services, Athletics, student clubs, etc. to promote student health
- Using an intersectional and collaborative approach, present targeted prevention strategies to identified risk populations including LGBTQ+ students, students with disabilities, students of color, and other under-served populations
- Establishes and maintains relationships to outreach to new students; includes presentations for campus programs, student club organizations, student resource centers, classrooms, tabling events, etc.
- Helps to establish a robust social media presence.
- Helps with the creation and distribution of marketing and promotional materials for all assigned programs and initiatives.
- Helps to update flyers, handouts, and key information on our SHS website
- Help manage bulletin boards
- Helps our Mental Health and Wellness Specialist lead tabling events
- Collaborate with Mental Health and Wellness Specialist and other fellow student workers or interns to ensure tasks are being completed
- Front office duties may be necessary at times to maintain student access to health and wellness resources during our published business hours
- Perform other job related duties as assigned

Eligibility Criteria

- Pursuing higher education at Monterey Peninsula College in an area related to mental or physical health such as: public health, health education, social work, psychology, sociology, ethnic and gender studies, human development, education, etc.
- Ability to maintain strict confidence of confidential information and perform a wide range of duties that require tact, sensitivity, independent judgment, diplomacy, flexibility and discretion
- Strong customer service skills to provide a welcoming environment, and manage difficult or emotional situations with grace; responds promptly to requests for service and assistance; meets commitments
- Enthusiasm for educating peers/students about health services

Minimum Requirements

- Must apply for Federal Financial Aid and be eligible for Federal Work-Study
- Be a currently enrolled student at MPC



MONTEREY PENINSULA College

- Be enrolled in a minimum of 6 units for Fall/Spring term or a minimum of 3 units for the Summer term
- Maintain a minimum 2.0 GPA
- Must be a student in good standing and not on Academic, Progress, or Disciplinary Probation
- Must have an updated Education plan on file at all times

You may complete our Federal Work Study Application [here](#). If you have further questions about the application process please contact Job Center Coordinator, Lien Nguyen at Inguyen@mpc.edu. If you have further questions about the job position please contact the department supervisor LeAnn Contapay, Coordinator for Student Health Services, email: Lcontapay@mpc.edu