



# MONTEREY PENINSULA College

## ADMINISTRATIVE PROCEDURE

### Chapter 5 Student Services

5200

#### AP 5200 Student Health Services

The District provides health services to assist students in maintaining physical and mental well-being so that they can pursue their educational goals. Services provided are for currently enrolled students who have paid their health fee. Services include clinical services, health education, personal counseling, and referrals to off-campus health and wellness services.

#### Scope of Services

Student Health Services operations are developed and approved in consultation with a licensed physician to comply with regulations as specified in state law.

#### Clinical Services

- Clinical services provide short-term basic care and services necessary for the treatment of acute illnesses and injuries.
- First aid care includes cleaning of minor cuts, scrapes, or scratches; treating a minor burn; applying bandages and dressings; and removing debris from the eyes.
- Over-the-counter medications are available for pain, allergies, diarrhea, heartburn, cramps, pruritus, sore throat, and minor scrapes/wounds.
- Mental health services include short-term personal and couples counseling.
- Limited crisis management is provided by a licensed mental health practitioner.
- Communicable Disease control to include referrals to local immunization clinics and testing sites, onsite immunization pop-up clinics, in-house or contracted testing services, surveillance, and compliance with mandatory infectious disease reporting to our Monterey County Health Department (AP 5210).

#### Support Services

- Office procedures and medical records are managed by clerical personnel.
- Laboratory services are provided by licensed staff or a licensed, contracted laboratory.
- Assistance reporting student accident claims is available.
- Confidential support and advocacy are provided for survivors of sexual assault, domestic violence, and stalking.
- Lactation rooms are available for parents.



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- Health and wellness education services are provided by registered nurses, mental health professionals, community partners, and other Student Health Services personnel.
- Referrals will be provided to private providers or community services for conditions requiring long-term management such as eating disorders, substance abuse, chronic mental illnesses, and other chronic conditions outside the scope of our services.
- Referrals may be provided for radiology, dental, optometric, and other services not available internally.

#### **Personnel**

- Oversight shall be provided by a licensed physician with the overall responsibility of developing and directing Student Health Services protocols.
- Clinical services including nursing, medical, and mental health shall be provided by qualified and licensed health care professionals.

#### **Medical Records**

- Medical treatment records shall be afforded protected status in accordance with the Health Insurance Portability and Accountability Act (HIPAA) regulations. Records shall not be released without the written consent of the patient, with exceptions as prescribed by law. Under California law, health care providers are required to report specified diseases or conditions to the local health officer in the jurisdiction where the patient resides (Title 17 Section 2500).
- Information concerning a patient shall be furnished in compliance with a court order or a lawfully issued subpoena. A reasonable effort shall be made to notify the patient in advance of compliance with a lawfully issued subpoena.
- Medical treatment records shall be stored in compliance with state and federal guidelines.

#### **Laboratory Tests and Screenings**

In addition to tuberculosis screenings, Student Health Services provides in-house blood glucose, spirometry, and pregnancy tests. Please note that if required by the District, employees and volunteers for Monterey Peninsula College can obtain a tuberculosis screening from Student Health Services.



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**Medical Dispensing**

Student Health Services provides over-the-counter medications and emergency prescription medication such as epinephrine and naloxone which are ordered by a licensed health professional.

**Student Health Fee Waiver**

Students enrolled in credit classes in the District are assessed a health fee which enables them to utilize the services provided by Student Health Services. As provided in Education Code Section 76355, students who meet any of the following conditions may be exempted from paying the fee. These students are:

- active members, supported by written verification, of a religious organization that depends exclusively upon prayer for healing
- dual enrollment CCAP students registered for credit courses on a high school campus only

See Board Policy 5200 - Student Health Services  
See also Administrative Procedure 5210 - Communicable Disease

**References:** *Education Code Sections 76401 and 76355;*  
*Title 5 Section 53411;*  
*Title 17 Section 2500*

**Approved:** December 7, 2021