

SERVING STUDENTS SINCE
1989

*Upward
bound*

MONTEREY TRIO
PENINSULA COLLEGE

Welcome!



This video will cover:

- Staff Introductions
- Program Overview
- Commitment & Participation
- Eligibility
- Next Steps to Apply

Sandra Washington

- **UB Coordinator/Counselor (16 years)**
- Upward Bound Alumni
- Grew up in Marina
- Education:
 - **Middle School:** Los Arboles Middle School
 - **High School:** Seaside High
 - **Bachelor's Degree:** UCLA (Psychology)
 - **Master's Degree:** San Jose State University (Counseling)



Heather Bowers

- **UB Counselor (6 years)**
- Upward Bound Alumni
- Grew up in Marina
- Education:
 - **Middle School:** Los Arboles Middle School
 - **High School:** Seaside High
 - **Bachelor's Degree:** UC Riverside (Sociology)
 - **Master's Degree:** Cal Poly, San Luis Obispo (Counseling)





Marvin Crutchfield
Site Supervisor



Joshualyn Guray
Categorical Services
Coordinator

WHAT IS UPWARD BOUND?

Upward Bound is one of many TRIO programs. TRIO programs are **funded by the federal government** and exist all across the United States.

The purpose of TRIO programs is to **increase** the number of historically disadvantaged students attending and **graduating from college**.

So, **Upward Bound** is a program to help a select number of high school students prepare for, attend, and graduate from college!

HOW MUCH DOES UPWARD BOUND COST?

The federal government funds the Upward Bound program.

There is NO COST to students and families.

All services are **FREE** to students who are selected to join.

HOW LONG IS UPWARD BOUND?

Four Year Commitment = Four Year Opportunity!

Students who are selected to join Upward Bound remain in the program **all four years of high school**.

Summer Academy + Academic Year

Upward Bound has services and activities both during the summer **and** the academic year.





SUMMER ACADEMY

The following information
is about our typical
Summer Academy.

Summer Academy 2020
may experience changes
due to social
distancing/COVID-19.

SUMMER ACADEMY

- About 6 weeks
- **At Monterey Peninsula College**
- Monday-Friday
- 8AM – 1:00PM
- + **Optional Afternoon Activity**



SUMMER ACADEMY

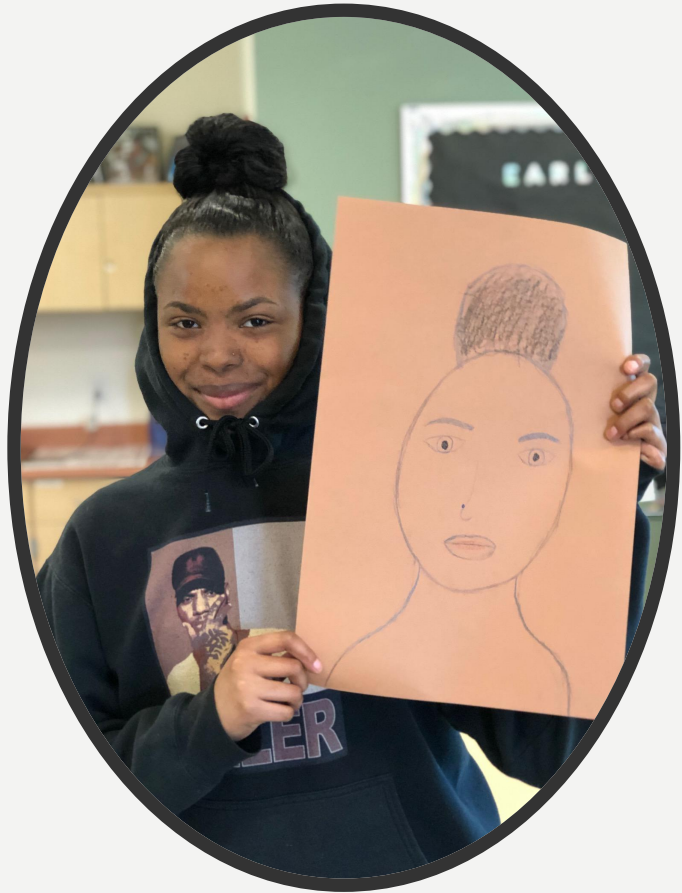
Academic classes based on a theme

- ✓ Focus on Fun & Learning
- ✓ Group Projects
- ✓ Presentations
- ✓ All Grade Levels Combined
- ✓ No Grading
- ✓ No Tests



SUMMER ACADEMY

We will also cover the following topics:



- **College Systems**
- **College Admissions Requirements**
- **Financial Aid + Financial Literacy**
 - **Resume Building**
 - **Health & Wellness**
 - **Values & Goal Setting**
- **Leadership & Communication**

SUMMER ACADEMY

Team Building Activities



SUMMER ACADEMY OPTIONAL AFTERNOON ACTIVITIES:

Monterey Sports Center + Computers/Yearbook

- 1:00 - 3:30 PM

● Lunch Included



Students **earn points**
for attendance and
participation throughout
the Summer Academy.

The **top 50 students** who
earn the most points
are eligible for the
summer trip...

SUMMER TRIP

The summer trip is a **3-day trip** to **Southern California**.

We stay in the dorms at one of the universities that we visit so that students can experience what it might be like to be a college student living away from home and being on a college campus. Students are closely supervised.

We tour 3-4 college campuses and explore the surrounding areas.

Reminder: this trip is **free** for students.



SUMMER TRIP

UCLA

**University of Southern
California**

San Diego State University

UC Santa Barbara

Long Beach State

UC Irvine


CSU Northridge

University of San Diego

Cal State Los Angeles

UC Riverside

CSU Fullerton



Next,
we will review information
about the program and
services during the
ACADEMIC YEAR...

**The academic year
consists of the following
main components:**

Tutoring/Academic Support
Counseling
Saturday Workshops
Community Service
Trips

TUTORIAL IN THE TLC!

(TRIO LEARNING CENTER)

UB students have access to **FREE** after school tutoring at **MPC** four days a week:

Monday: 3-7pm

Tuesday: 3-7pm

Wednesday: 2-7pm

Thursday: 3-5pm



TUTORIAL



Important:

All UB students **must attend tutorial at least 2 hours per week, minimum!** Students can choose to come any day/time that works best for them during our open hours.

Tutors are available to help with core academic subjects!

Students can receive help with:

- Study skills & preparing for tests
- Homework & assignments
- And have access to computers, printer, textbooks, resources

SATURDAY WORKSHOPS

Typically 1-2 Saturdays a month at MPC, for 3 Hours: 9AM - 12PM

Saturday Workshops are a time for all UB students to come together to **learn about colleges & careers**, as well as participate in **personal development activities**.

In this picture, students learned how to make dental impressions in the Dental Assisting lab at MPC during a Saturday Workshop.



You will have Upward Bound counselors to meet with and talk to about your **academic and personal well being.**

You will meet with a counselor at least once every semester to make sure you are **on track to reach your goals.**

Your UB counselors can also provide support and referrals for issues that need even more attention.

We know that life gets hard. We don't only care about your academic progress, we care about who you are and that you are healthy and happy.

COUNSELING & ACADEMIC ADVISING





TRIPS

During the academic year, we visit colleges, along with other cultural enrichment trips, like kayaking, professional sporting events, museums, and going to watch a performance in a theater!

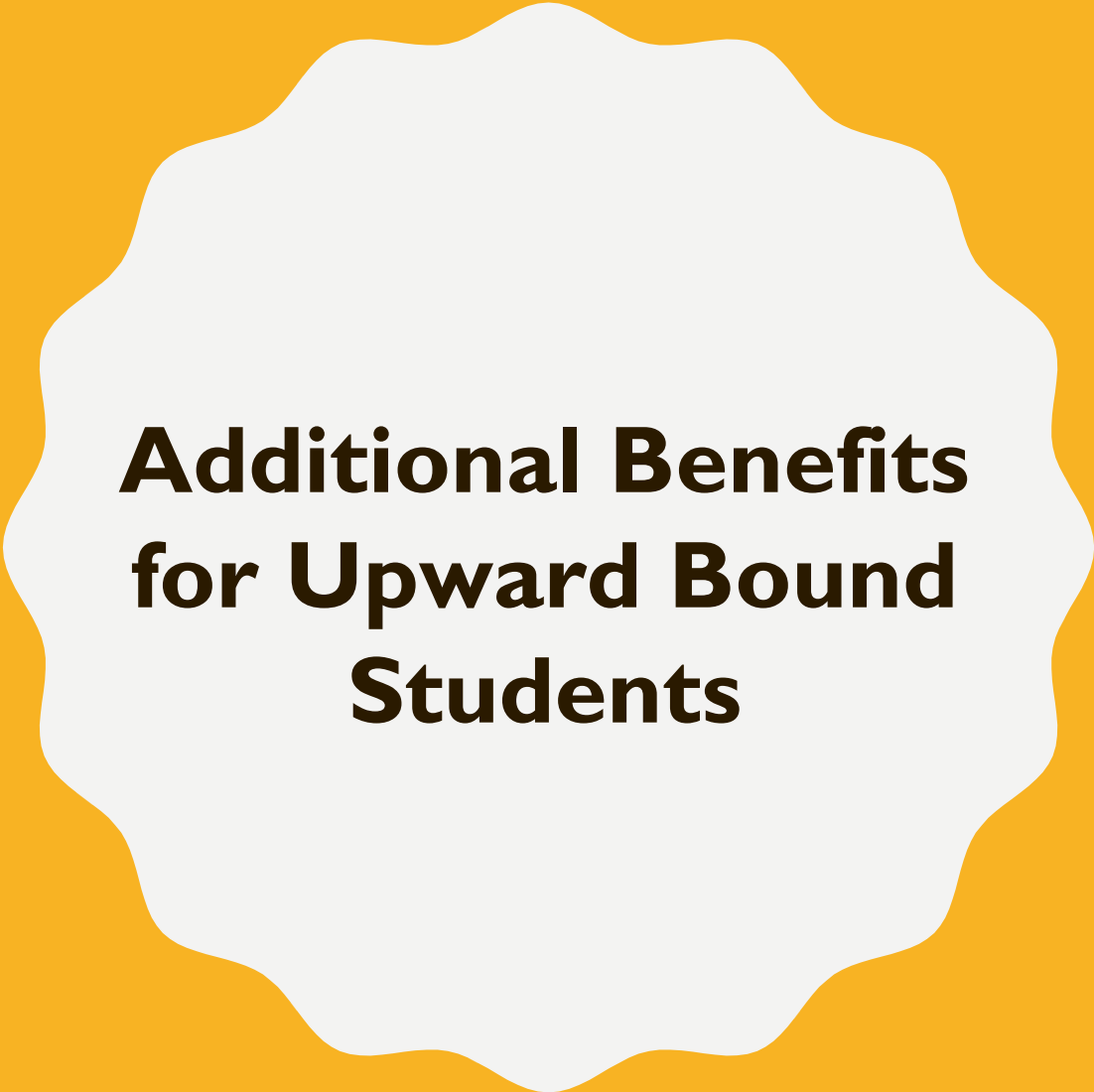
Students are eligible for trips based on their participation.

COMMUNITY SERVICE & VOLUNTEERING

Because everything in the program is **free**, we believe it is **important for our students to give back** to the community.

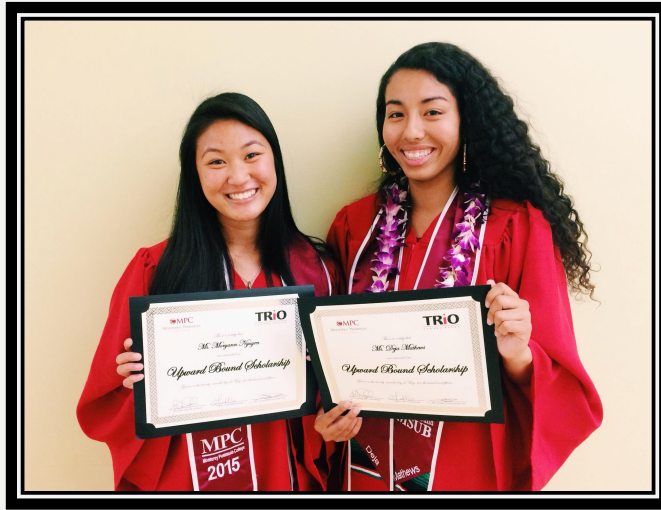


Past examples include beach clean-ups and planting trees!



**Additional Benefits
for Upward Bound
Students**

UB SCHOLARSHIP



**OPEN TO MPC
UPWARD BOUND
STUDENTS ONLY**

**FREE MONEY FOR
COLLEGE!**

**18 students have
received a UB
scholarship in the last
5 years!**

TEST & COLLEGE APPLICATION FEE WAIVERS

Did you know that it costs MONEY to apply for college?

Each university you apply to can cost \$50-\$100 per application.

Upward Bound students are eligible for fee waivers that will cover the cost of at least 4 college applications, in addition to access to SAT & ACT fee waivers. The SAT & ACT are standardized tests required for college admission that students must typically pay to take.

STIPENDS

UB students earn a small stipend (money) based on their participation.

Stipends are given out three times during the year:

- end of summer (July)
- end of fall (December)
- end of spring (June)





IMPORTANT INFO:

GUIDELINES FOR ELIGIBILITY



- **Only current 8th grade students may apply**
- **Must attend an MPUSD high school (Marina, Monterey, or Seaside High)**
- **Student must be a U.S. Citizen or Permanent Resident**
*(Status of parents/family members does **not** matter, this only applies to the student)*
- **Potential First-Generation College Student**
 - ◆ This means that neither parent has earned a bachelor's degree from a university in the United States)
- **And/Or: Income Eligible**
 - ◆ This means that your family's income meets federal low-income guidelines. We will help you determine this based on the information you include in your application.

PARTICIPATION COMMITMENT

THIS IS A BIG DEAL!

You are applying to a 4-year program that will provide you with **amazing opportunities** to reach your goal of going to college.

But, **you must be willing to commit the time to put in the work** and participate in the program.

- **4 Year Program**
- **2 Hours/Week Minimum at MPC for Tutorial After School**
- **Saturday Workshops (1-2/Month)**
- **Summer Academy**

Mandatory Summer Participation & Attendance

All newly admitted students must participate in the Summer Academy.

Students who will be absent for **five or more days** during the summer will **NOT** be accepted into the program.

Summer 2020 Planned Dates: **June 11 - July 18***

**Dates may change*

Transportation

Transportation to/from Monterey Peninsula College for program services such as the Summer Academy, tutoring, counseling meetings, Saturday Workshops, etc. is **not provided**.


Students must arrange their own transportation to/from MPC (many of our students ride the bus).



WHAT TYPE OF STUDENT ARE WE LOOKING FOR?

1. Desire to Achieve & Attend College
2. Commitment & Willing to Work
3. Desire to Be A Part of Our Family





HOW DO I
BECOME AN
UPWARD BOUND
STUDENT?

Because we are only allowed to serve 100 students, students must go through an application & interview process and be selected to join.

RECRUITMENT PROCESS

- 1. Attend Student Presentation at Middle School**
 - Complete [Student Interest Form Online](#)
- 2. Review Program Overview Video with Parent/Guardian**
- 3. Submit Completed Application Online by the Deadline**
- 4. Interview** (we will schedule this with you via email)
- 5. Receive Decision Letter**
- 6. Mandatory New Student Orientation**

How Many Students Does UB Accept?

Upward Bound serves approximately 100 students **total**:

- 9th Graders: 25 Students
- 10th Graders: 25 Students
- 11th Graders: 25 Student
- 12th Graders: 25 Students

So, each year, 25 seniors graduate and we accept 25 new incoming freshmen (that's **you!**)





QUESTIONS?

Email: swashington@mpc.edu

Thanks for watching!

We look forward to
receiving your application
very soon!