

# MONTEREY PENINSULA COLLEGE

## ATHLETIC TRAINER

### **JOB SUMMARY**

Under general direction of the immediate supervisor, provide first aid, emergency care, and rehabilitation therapy of injured Physical Education students and athletes. Receive limited supervision within a broad framework of standard State, Regional, and District policies and procedures to provide athletic training services. Assist in injury prevention; recommend students and athletes to medical professionals for treatment; and maintain safe training room environment for sports and physical education programs.

### **EXAMPLES OF FUNCTIONS**

#### **Essential Functions**

Provide emergency, first aid care and ongoing treatment for injured Physical Education and student athletes during on-campus and off-campus athletic events. Maintain contact be available when several athletic events occur simultaneously.

Accompany teams and transport equipment to off - campus athletic events.

Identify injury status of MPC and visiting student athletes and determine the appropriate course of action using approved protocol identified by the National Athletic Trainers Association (NATA) and the California Community College Athletic Association (CCCAA).

Attend conferences and training to maintain required certification(s).

Evaluate the readiness of the injured individual by assessing functional status. Advises coaching staff of the severity of athletes and their ability to resume practice and re-enter competition.

Arrange for or transport injured athletes to physician or hospital as necessary. Follow up with injured students.

Implement physician's orders in the administration of conditioning and rehabilitation treatment by use of hydrotherapy, electrotherapy, cryotherapy, and related treatments.

Schedule and assist with annual physical exams for athletes.

Recommend and implement injury prevention measures, including but not limited to, stretching, taping and strapping athletes before practice and games.

Inspect facilities, equipment, showers, treatment rooms, playing fields, and dressing rooms to eliminate hazards and ensure sanitary and safe conditions.

Maintain confidential student records of athletic injuries and treatments in accordance with Federal, State, and District procedures and laws. Prepare injury reports and complete claim forms regarding insurance for athletes.

Maintain an inventory of necessary supplies and equipment for the care and treatment of athletic injuries. Coordinate assignment and activities of student workers and volunteers in the athletic and physical education programs.

#### **Other Duties**

Serve on college committees as assigned.

Perform other related duties as assigned.

## **EMPLOYMENT STANDARDS**

### **Education and Experience**

Any combination of education, experience, and training which would indicate possession of the required knowledge, skills and abilities listed herein. Completion of a Bachelor's Degree in Physical Education or a closely related field and certification by the National Athletic Trainers Association (NATA).

### **Knowledge**

Knowledge of: policies, procedures, and objectives of an athletic program including health and safety regulations of a community college. Principles, methods, equipment, and basic theory of physical rehabilitation. Symptoms of various injuries and appropriate first aid treatment. Conditioning and rehabilitation programs relevant to athletic injuries and illnesses. Principles of supervision and training. Athletic sports medicine practices used in the prevention and treatment of sports injuries, including conditioning techniques and practices. Human anatomy, physiology, kinesiology, and exercise physiology. Common athletic injuries and athletics psychology. OSHA guidelines regarding blood borne pathogens. First aid, CPR and other emergency medical practices and procedures, including taping, wrapping, bandaging and therapeutic techniques. Athletic equipment supplies, materials, quality of materials, design, manufacture and distribution. Rules and regulations of a variety of sports and athletic activities. Office procedures, methods, and equipment including computers. Principles and procedures of record keeping. Oral and written communication skills. Understanding of, sensitivity to and appreciation for the diverse academic, ethnic, socio-economic, disability and gender diversity of students and staff attending or working on a community college campus.

### **ABILITIES**

Ability to: Implement procedures for the prevention, care, treatment, and rehabilitation of athletic injuries. Administer all forms of accepted physical therapy and first aid; use athletic conditioning devices. Identify and correct hazardous conditions of equipment and facilities to read and follow memos and first aid manuals. Use standard athletic training tools, machines, and equipment. Prepare and maintain accurate and timely records related to insurance, injuries, treatment, athletic equipment, supplies, and inventory. Supervise, train, and provide work direction to student workers. Travel to athletic events as required and work outside normal business hours. Communicate effectively and appropriately in both oral and written form. Carry out oral and written instructions. Proficiently use computer processing software. Establish and maintain effective work relationships with those contacted in course of work. Demonstrate an understanding of, sensitivity to and appreciation for the diverse academic, ethnic, socio-economic, disability and gender diversity of students and staff attending or working on a community college campus.

### **PHYSICAL EFFORT/WORK ENVIRONMENT**

Stoop, bend, kneel, crouch, reach, and twist; lift, carry, push, carry, and pull moderate to heavy amounts of weight, up to 50 pounds. Operate athletics training equipment requiring repetitive hand movement and fine coordination; and to verbally communicate to exchange information. Work is performed in both indoor and outdoor environment; travel from site to site; frequently work around athletic playing fields; exposure to all types of weather and temperature conditions, noise, blood borne pathogens and bodily fluids. Position may be required to work evenings, nights, and weekends. Hearing and vision in normal range with or without correction.

### **LICENSES AND CERTIFICATES**

Possess a valid Class C California driver's license for transporting equipment, staff, and occasionally student athletes. Evidence of appropriate automobile insurance based on DMV regulations. Must be insurable by the college's insurance carrier while employed in this classification. Certification by the National Athletic Trainer Association (NATA). Maintain certification currency. Possess and maintain current First Aid and adult CPR with AED training certificates.

**Job Description/Title:** Athletic Trainer  
**Board Approved:** October 25, 2017

**SALARY SCHEDULE:**  
Classified, Range 28