

## Art

## Business Skills Center

Section	Days	Time	Instructor	Loc/Rm	Units
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**ART****ART 29B SKETCH II***Prerequisites: ARTS 11A (or ART 29A)*

Continuation of ARTS 11A (formerly ART 29A) to further develop skills in quick sketch with emphasis on composition. Meets concurrently with ARTS 11A. (LG-P/NP) Transfer:CSU;UC.

0221	TTh	9:00am-11:50am	Niven M	GC103	1.5
	& TTh	12:30pm-3:40pm			(01/02-01/28)

**ART 33C SPECIAL DRAWING TECHNIQUES I: PERSPECTIVE DRAWING**

Concentrated study in perspective drawing. A variety of media may be used. (P/NP) Transfer:CSU;UC.

0547	SatSun	9:00am-12:50pm	Lamp R	GC103	0.5
	& SatSun	1:30pm-5:45pm			(01/11-01/12)

*Students may need supplies on the first day of class. An information sheet is available from the Creative Arts Division office.*

**ART 38A SPECIAL PRINTMAKING TECHNIQUES II: EMBOSsing**

Concentrated study in embossing. Hand transfer and press techniques will be explored. (P/NP) Transfer:CSU.

0574	TTh	9:00am-11:50am	Klein E	GC102	0.5
	& TTh	1:30pm-3:55pm			(01/02-01/28)

*Students may need supplies on the first day of class. An information sheet is available from the Creative Arts Division office.*

**ART 93.9 PRACTICUM: PRINTMAKING***Prerequisites: ARTS 61A or 62A (or ART 36A or 37)*

Supervised work in printmaking techniques. (LG-P/NP) Transfer:CSU.

4080	TTh	9:00am-12:00pm	Klein E	GC102	1.0
	& TTh	12:30pm-3:40pm			(01/02-01/28)

*Intended for experienced printmakers.*

**ARTS 11A SKETCH I**

Emphasis on the quick sketch for developing ideas and skills. (LG-P/NP) Transfer:CSU;UC.

0222	TTh	9:00am-11:50am	Niven M	GC103	1.5
	& TTh	12:30pm-3:40pm			(01/02-01/28)

**BUSINESS SKILLS CENTER**

LAB DAYS/TIMES (January 02, 2014– January 28, 2014):

9:00 am – 3:00 pm • Monday through Friday

Instructors: MCKAY

Open enrollment - come to the lab in BMC 201 to check in or to obtain an add code and for questions.

1. All students may enroll any time during the session until the last official date to withdraw.
2. Course syllabus and requirements are explained when students come in to the lab at their convenience.
3. Students work at their own pace, with the assistance of an instructor, and choose the days and hours that are convenient for them.

**BUSC 100A WORD PROCESSING: MICROSOFT WORD FOR WINDOWS I**

*Advisories: BUSC 109 or basic keyboarding skills; elig for ENGL 111 & 112 or ENSL 110 & 155*  
Introductory course using beginning functions of Microsoft Word for Windows. (LG-P/NP)

4570	10.2	Wkly hrs by arr	McKay	BMC201	1.0
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*The Word 2010 version will be taught in the Early Spring semester.*

**BUSC 100B WORD PROCESSING: MICROSOFT WORD FOR WINDOWS II**

*Advisories: BUSC 100A or basic Microsoft Word skills; elig for ENGL 111 & 112 or ENSL 110 & 155*  
Continuation of the introductory course BUSC 100A. (LG-P/NP)

4573	10.2	Wkly hrs by arr	McKay	BMC201	1.0
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*The Word 2010 version will be taught in the Early Spring semester.*

**BUSC 100C WORD PROCESSING: MICROSOFT WORD FOR WINDOWS III**

*Advisories: BUSC 100B or basic Microsoft Word skills; elig for ENGL 111 & 112 or ENSL 110 & 155*  
Continuation of BUSC 100B. (LG-P/NP)

4576	10.2	Wkly hrs by arr	McKay	BMC201	1.0
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*The Word 2010 version will be taught in the Early Spring semester.*

**BUSC 101A ADVANCED WORD PROCESSING: MICROSOFT WORD FOR WINDOWS I**

*Advisories: BUSC 100C or basic Microsoft Word skills; elig for ENGL 111 & 112 or ENSL 110 & 155*  
Advanced features of Microsoft Word for Windows. (LG-P/NP)

4579	10.2	Wkly hrs by arr	McKay	BMC201	1.0
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*The Word 2010 version will be taught in the Early Spring semester.*

**BUSC 101B ADVANCED WORD PROCESSING: MICROSOFT WORD FOR WINDOWS II**

*Advisories: BUSC 101A or basic Microsoft Word skills; elig for ENGL 111 & 112 or ENSL 110 & 155*  
Continuation of BUSC 101A. (LG-P/NP)

4582	10.2	Wkly hrs by arr	McKay	BMC201	1.0
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*The Word 2010 version will be taught in the Early Spring semester.*

Business Skills Center						Cooperative Work Experience					
Section	Days	Time	Instructor	Loc/Rm	Units	Section	Days	Time	Instructor	Loc/Rm	Units
<b>BUSC 101C</b>	<b>ADVANCED WORD PROCESSING: MICROSOFT WORD FOR WINDOWS III</b>					<b>BUSC 120</b>	<b>PRESENTATION MANAGEMENT WITH MICROSOFT POWERPOINT</b>				
<i>Advisories: BUSC 101B or basic Microsoft Word skills; elig for ENGL 111 &amp; 112 or ENSL 110 &amp; 155</i>						<i>Advisories: Elig for ENGL 111 &amp; 112 or ENSL 110 &amp; 155</i>					
Continuation of BUSC 101B. (LG-P/NP)						Introductory hands-on training in presentation management software using a Microsoft Windows-based software package. (LG-P/NP)					
4585	10.2	Wkly hrs by arr	McKay	BMC201	1.0	4604	10.2	Wkly hrs by arr	McKay	BMC201	1.0
<i>The Word 2010 version will be taught in the Early Spring semester.</i>						<i>The Microsoft PowerPoint 2010 version will be taught in the Early Spring semester.</i>					
<b>BUSC 108</b>	<b>INDIVIDUALIZED COMPUTER AND TYPING SKILLS</b>					<b>BUSC 122</b>	<b>MICROSOFT WINDOWS</b>				
<i>Advisories: BUSC 109; or BUSC 110A; or basic typing skills</i>						<i>Advisories: Elig for ENGL 111 &amp; 112 or ENSL 110 &amp; 155</i>					
For students who want to strengthen or add to their previous typing skills. Students meet regularly with an instructor while working on an individualized program of study. (P/NP)						Introductory course using Microsoft Windows. Basic instruction on the Windows user interface, and management of files, folders, and accounts. Gives the students a good foundation in computer basics for academic, employment, and home use. (LG-P/NP)					
4588	5.1	Wkly hrs by arr	McKay	BMC201	0.5	4607	5.1	Wkly hrs by arr	McKay	BMC201	0.5
4589	10.2	Wkly hrs by arr	McKay	BMC201	1.0	<i>The Windows Vista and Windows 8 Operating System will be taught in the Early Spring.</i>					
<b>BUSC 109</b>	<b>KEYBOARDING FOR COMPUTERS</b>					<b>BUSC 125</b>	<b>QUICKBOOKS</b>				
Development of efficient use of computer keyboard through mastery of touch system of alphanumeric typewriter keys and ten-key calculator number pad. Work is done on a computer. Not for students with typing knowledge. (P/NP)						<i>Advisories: Elig for ENGL 111 &amp; 112 or ENSL 110 &amp; 155</i>					
4592	10.2	Wkly hrs by arr	McKay	BMC201	1.0	Introductory hands-on training, in a simulated office environment, using QuickBooks, a financial software program that is used to organize and manage the finances of a small business. Emphasis on small business financial skills such as invoicing, payroll, inventory, payment processing, and creating reports, graphs, lists, and forms. (LG-P/NP)					
<b>BUSC 117A</b>	<b>BUSINESS MACHINE CALCULATIONS I</b>					4609	10.2	Wkly hrs by arr	McKay	BMC201	1.0
Instruction in using the ten-key keyboard by touch (without looking at the keys) with speed and accuracy. (LG-P/NP)						<i>The QuickBooks 2011 version will be taught in the Early Spring.</i>					
4595	5.1	Wkly hrs by arr	McKay	BMC201	0.5	<b>BUSC 133</b>	<b>INTRODUCTION TO MICROSOFT ACCESS</b>				
<b>BUSC 117B</b>	<b>BUSINESS MACHINE CALCULATIONS II</b>					<i>Advisories: Elig for ENGL 111 &amp; 112 or ENSL 110 &amp; 155</i>					
<i>Advisories: BUSC 117A; MATH 351</i>						Introductory course using beginning functions of Microsoft Access on PCs. Emphasis on organizing data by creating tables and producing queries, forms and reports. (LG-P/NP)					
Continuation of BUSC 117A. Students apply ten-key calculator skills learned in BUSC 117A to solving common business problems on the electronic ten-key calculator. Application exercises deal with the solution of common business and accounting problems. (LG-P/NP)						4611	10.2	Wkly hrs by arr	McKay	BMC201	1.0
4597	5.1	Wkly hrs by arr	McKay	BMC201	0.5	<i>The Microsoft Access 2010 version will be taught in the Early Spring semester.</i>					
<b>BUSC 119A</b>	<b>INTRODUCTION TO SPREADSHEETS: MICROSOFT EXCEL I</b>					<b>COOPERATIVE WORK EXPERIENCE</b>					
<i>Advisories: Elig for ENGL 111 &amp; 112 or ENSL 110 &amp; 155</i>						To receive an Add Code for any COOP class, complete the Online COOP Employer Information Form. You will receive a return email with additional information and the Add Code. Learn more at the COOP website: <a href="http://www.mpc.edu/academics/CooperativeWorkExperience">www.mpc.edu/academics/CooperativeWorkExperience</a> or call 831-646-4074.					
Introductory course using beginning electronic spreadsheet functions of Microsoft Excel. Creating and formatting of worksheets while using basic formulas. (LG-P/NP)						<i>Limits: Current employment. A COOP application must be approved and filed with the COOP Office each semester.</i>					
4599	10.2	Wkly hrs by arr	McKay	BMC201	1.0	<b>COOP 91.6</b>	<b>BIOLOGY WORK EXPERIENCE</b>				
<i>The Excel 2010 version will be taught in the Early Spring semester.</i>						0699	1.0	Wkly hrs by arr (12/19-01/31)	Clark K	BMC202F	1.0
<b>BUSC 119B</b>	<b>INTRODUCTION TO SPREADSHEETS: MICROSOFT EXCEL II</b>					0700	2.0	Wkly hrs by arr (12/19-01/31)	Clark K	BMC202F	2.0
<i>Advisories: BUSC 119A or basic spreadsheet preparation skills; elig for ENGL 111 &amp; 112 or ENSL 110 &amp; 155</i>						Continuing course using functions of Microsoft Excel. Exercises guide students to create and format workbooks containing multiple sheets, images and charts. (LG-P/NP)					
4602	10.2	Wkly hrs by arr	McKay	BMC201	1.0	<i>The Excel 2010 version will be taught in the Early Spring semester.</i>					



## Dental Assisting

## Fire Protection Technology

Section	Days	Time	Instructor	Loc/Rm	Units
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**DENTAL ASSISTING****DNTL 107 CORONAL POLISH**

*Prerequisites:* DNTL 100, 102, and 104

*Advisories:* Eligibility for ENGL 1A

Tools and techniques used in coronal polish, for removing stains and preparing tooth surfaces for application of dental sealants or attachment of orthodontic bands. (LG)

4155	TWTh	8:00am-11:50am	Foster M/Grasmuck K/Hopkins	LS202	1.0
	&TWTh	12:40pm-2:30pm	Foster M/Grasmuck K/Hopkins		(01/07-01/16)

*PLEASE NOTE: Class begins Tuesday, January 7, 2014.*

**DNTL 108 PIT AND FISSURE SEALANTS**

*Prerequisites:* or corequisites: DNTL 100, 102, 104, and 107

*Advisories:* Eligibility for ENGL 1A

Proper application of pit and fissure sealants for prevention of dental caries. (LG)

4156	MTWThF	8:00am-11:50am	Foster M/Grasmuck K/Hopkins	LS202	1.0
	&MTWThF	12:30pm-2:20pm	Foster M/Grasmuck K/Hopkins		(01/21-01/28)

*PLEASE NOTE: Monday, January 20, 2014 is a holiday. Class meets Tuesday, January 21, 2014 to Tuesday, January 28, 2014.*

**EARLY CHILDHOOD EDUCATION****ECED 72 SUPERVISING ADULTS IN THE CHILD CARE SETTING**

*Prerequisites:* ECED 1 (or CHDV 10); ECED 51 (or CHDV 51); and ECED 55 (or CHDV 55)

*Advisories:* Eligibility for ENGL 1A

Covers methods and principles of supervising adults in early childhood settings. Emphasis on the role of experienced teachers acting as mentors to new teachers while addressing other classroom needs. (LG-P/NP) Transfer:CSU.

0324	TThSat	6:00pm-9:10pm	Nyznyk	CDC201	2.0
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*Above section will meet Tuesdays and Thursdays from 6:00pm-9:10pm; starting Tuesday, 1/7/2014, and will also meet on three Saturdays, 1/11, 1/18 and 1/25 from 9:00am-12:10pm. This class ends on Tuesday, 1/28.*

*For more information contact Cathy Nyznyk (831) 646-4066 or email cnyznyk@mpc.edu No required textbook. Handouts from instructor.*

**EMERGENCY MEDICAL SERVICES****EMMS 270R EMT-1 RECERTIFICATION**

*Advisories:* EMMS 170 or EMT-1 California certification (current or expired for no more than one year).

Designed for emergency medical response personnel. An individualized course that meets the requirements for renewal of California State EMT-1 certification. (P/NP)

0401	16.0	Wkly hrs by arr	Ratsep B	SPS101	0.5	(01/11-01/18)
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*Class meets on the following days: January 11, 12, and 18, 2014. Advisory: Students must have a current CPR card.*

**ENGLISH AS A SECOND LANGUAGE****ENSL 326/426 ENGLISH SKILLS FOR SUCCESS I**

*Advisories:* ENSL 312 and 313; or ENSL 412 and 413; or qualifying assessment score

A course at the high-beginning or low-intermediate level for the non-native speaker, emphasizing listening and conversation. (P/NP)

0277	MTWThF	9:00am-11:10am	Brady B	HU102	2.0	(01/06-01/24)
0276	MTWThF	9:00am-11:10am	Brady B	HU102	0.0	(01/06-01/24)

Section	Days	Time	Instructor	Loc/Rm	Units
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**ENSL 336/436 ENGLISH SKILLS FOR SUCCESS II**

*Advisories:* ENSL 321 and 323 and 325; or ENSL 421 and 423 and 425; or qualifying assessment score

A course at the low-intermediate level for the non-native speaker, emphasizing listening, speaking, grammar, and writing. (P/NP)

0362	TTh	5:00pm-7:00pm	Hart	HU102	1.0	(01/02-01/28)
0361	TTh	5:00pm-7:00pm	Hart	HU102	0.0	(01/02-01/28)

**ENSL 400 INDIVIDUALIZED STUDY IN ENGLISH**

A course for non-native speakers wishing to improve their English skills in any area for college, career, or personal development through work done with an instructor and/or instructional assistants. Computer, CD, and DVD as well as audio resources are available. (NC)

0281	5.0	Wkly hrs by arr	Brady B	LTC119	0.0	(01/06-01/24)
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**FIRE ACADEMY****FACD 134 COMMAND 2E: WILDLAND FIRE COMMAND**

Wildland and fire safety, weather effects, wildland fuels, fire behavior, initial attack methods, using support equipment, topographic maps, strategy and tactics, ICS as it applies to wildland fire incidents. Applies to CHIEF OFFICER and is accredited by CFSTES. (P/NP)

0116	MTWThF	8:00am-11:50am	Carter B	SPS119	2.0
	& MTWThF	1:00pm-4:50pm			(01/27-01/31)

For information on fees and to register, please call (831) 646-4240.

**FIRE PROTECTION TECHNOLOGY****FIRE 111 FIRE COMMAND 1B: HAZ MAT COMMAND FOR COMPANY OFFICERS**

Company-level scene management for incidents involving chemicals and other hazardous materials. The course applies to Fire Officer and is accredited by CFSTES. (LG-P/NP)

4490	MTWThF	8:00am-11:50am	Goodwin	SPS119	2.0
	& MTWThF	1:00pm-4:50pm			(01/06-01/10)

For information on fees and to register, please call (831) 646-4240.

**FIRE 117 TRAINING INSTRUCTOR 1B: PSYCHOMOTOR LESSON DELIVERY**

*Advisories:* FIRE 116

Second in a three-course series. Methods and techniques for training; selection and modification of instructional materials appropriate for teaching psychomotor lessons; evaluation of teaching and learning efficiency. Accredited by CFSTES. (LG)

4493	MTWThF	8:00am-11:50am	Brown	SPS106	2.0
	& MTWThF	1:00pm-4:50pm			(01/27-01/31)

For information on fees and to register, please call (831) 646-4240.

**FIRE 121 FIRE INVESTIGATION 1B: TECHNIQUES OF FIRE INVESTIGATION**

Juvenile firesetters; report writing; evidence collection and preservation procedures. Review of fire cause determination. Accredited by CFSTES. (LG-P/NP)

4495	MTWThFSat	8:00am-11:50am	Dias	SPS119	3.0
	& MTWThFSat	1:00pm-4:50pm			(01/13-01/17)

For information on fees and to register, please call (831) 646-4240.

## Fire Protection Technology

## Learning Skills

Section	Days	Time	Instructor	Loc/Rm	Units
<b>FIRE 235 FIRE INSPECTOR 1B</b>					
<i>Advisories: FIRE 234; eligibility for ENGL 111 and 112 or ENSL 110 and 155</i>					
Provides basic knowledge of construction types and features, occupancy classifications and occupant loads, basic means of egress, fire growth potential in a building or space, fire department access and water supply, and fire potential in the wildland/urban interface environment. Applies to State Certification as Fire Inspector 1. (LG)					
0702	TWThF	8:00am-12:05pm	Iverson R	SPS119	2.0
	& TWThF	1:00pm-5:05pm			(01/21-01/24)
For information on fees and to register, please call (831) 646-4240.					

## HUMANITIES

**HUMA 10 EXPLORATION OF VALUES IN LIVING***Advisories: Eligibility for ENGL 1A*

Explores the humanities as a guide to living. Examines diverse attitudes toward art, science and technology, philosophy, religion, mythology, and ethics. Emphasizes self-knowledge, critical thinking, and responsible value choices. (LG-P/NP) Transfer:CSU;JC.

4552	MTWThF	9:00am-12:25pm	Ramsden-Scott	HU105	3.0 (01/06-01/24)
4553	MTWThF	1:00pm-4:25pm	Fitzpatrick	HU105	3.0 (01/06-01/24)

LAW ENFORCEMENT  
TRAINING PROGRAM

For more information on these and other law enforcement training course, please visit the South Bay Regional Public Safety Training Consortium website at <http://theacademy.ca.gov> or call (408)270-6458

**LETP 140 PC 832 LAWS OF ARREST**

Professional orientation, laws of arrest, search, seizure, evidence, preliminary investigations, communications and arrest techniques. Satisfies PC 832 requirements for entry level without firearms portion. POST-certified. (LG)

0486	40.0	Wkly hrs by arr	Vaughn Linda	SNJOSE	1.0 (01/27-01/31)
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**LETP 144B P.O.S.T. INTENSIVE BASIC ACADEMY II***Advisories: LETP 144A*

Second in a series of two intensive courses that cover the knowledge, skills and abilities needed to exercise the power of California Peace Officer, as specified by state regulations. Covers concepts and issues of the criminal justice system, law, evidence, investigations, juvenile procedure, patrol, cultural diversity/discrimination and community relations. (LG)

0118	34.2	Wkly hrs by arr	Vaughn Linda	SNJOSE	11.0 (10/23-01/28)
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**LETP 232 ADVANCED PEACE OFFICER TRAINING**

(A Supplemental Outline will be provided for Schedule with description of specific topic to be covered each term.) (P/NP)

0428	16.0	Wkly hrs by arr	Vaughn Linda	SNJOSE	0.5 (01/13-01/14)
0429	24.0	Wkly hrs by arr	Vaughn Linda	SNJOSE	0.5 (01/15-01/17)
0374	MTWTh	8:00am-11:50am	Vaughn Linda	SNJOSE	0.5
	& MTWTh	1:00pm-4:50pm			(01/27-01/30)

**LETP 233.7 DEFENSIVE TACTICS INSTRUCTOR**

Training meets the requirements of the Commission on Peace Officers Standards and Training (P.O.S.T.). (P.O.S.T. certified) (P/NP)

0689	39.9	Wkly hrs by arr	Vaughn Linda	SNJOSE	2.0 (01/06-01/17)
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**LETP 233.8 DEFENSIVE TACTICS INSTRUCTOR UPDATE**

Retraining session for the working instructor in the area of self-defense and mechanics of arrest. Includes various force options and force transitions relative to escalation and de-escalation. (P.O.S.T. certified) (P/NP)

0691	24.0	Wkly hrs by arr	Vaughn Linda	SNJOSE	0.5 (01/15-01/17)
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**LETP 234 SKILLS AND KNOWLEDGE**

This variable-hour course consists of modules dealing with different aspects of public safety training. Each module is eight hours long and is either certified through Peace Officers Standards and Training (POST), State Board of Corrections Correctional Standard Authority (CSA) or the Office of the State Fire Marshal. (POST-certified) (P/NP)

0378	16.0	Wkly hrs by arr	Vaughn Linda	SNJOSE	0.5 (01/27-01/28)
0482	16.0	Wkly hrs by arr	Vaughn Linda	SNJOSE	0.5 (01/27-01/28)

**LETP 242 PEACE OFFICER ASSOCIATION TRAINING**

Specific topics vary each term. (P/NP)

0692	32.0	Wkly hrs by arr	Vaughn Linda	SNJOSE	0.5 (01/27-01/31)
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**LETP 255 PUBLIC SAFETY DISPATCH UPDATE**

Variable-hour course (40 to 200 hours) designed to provide necessary and required continuing professional training to public safety dispatches. (P.O.S.T. certified) (P/NP)

0687	28.7	Wkly hrs by arr	Vaughn Linda	SNJOSE	5.0 (11/19-01/07)
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**LETP 280.1 SUPERVISOR COURSE**

An 80-hour career development course that provides law enforcement and correctional supervisor development and refinement of their leadership skills. (P/NP)

0421	40.0	Wkly hrs by arr	Vaughn Linda	SNJOSE	2.0 (01/06-01/17)
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## LEARNING SKILLS

**LNSK 330 LEARNING SKILLS ASSESSMENT**

Standardized learning assessment for students with possible learning disabilities. Assessment of specific academic and cognitive strengths and weaknesses, identification of learning styles, and eligibility for services. May be taken two times for credit. After that, may be repeated based on provisions of Title 5, Section 56029. May be taken two times for credit. (P/NP)

0420	4.3	Wkly hrs by arr	Lewis V	STS115	1.0 (01/02-01/24)
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Contact instructor at (831) 646-4070 to arrange first meeting.

**LNSK 410 JOB READINESS I**

Assists students with developmental disabilities in preparing for, entering into, and retaining entry-level work. Includes basic work routine orientation, on-the-job relationships, job retention skills, and the use of computers and other adaptive technologies used in the workplace. (NC)

0415	20.0	Wkly hrs by arr	Phillips SA	HOPE	0.0 (12/16-01/30)
4718	68.0	Wkly hrs by arr	Jaros R	NBI	0.0 (01/02-01/31)

## Nursing

## Speech Communication

Section	Days	Time	Instructor	Loc/Rm	Units
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## NURSING

**NURS 264 BASIC ARRHYTHMIA AND CORONARY CARE**

Provides an introduction to cardiac care, including anatomy and physiology of the heart, ECG interpretation, risk factor reduction, and review of medical and nursing interventions for the coronary care client. Provides seventeen contact hours for California RN licensure renewal, provider number 00184. (P/NP)

0130	WF	9:00am-11:50am	Bingaman	IC204	1.0
	& WF	12:30pm-2:55pm			(01/15-01/22)

Three class meetings: 1/15, 1/17 & 1/22/2014.

## PERSONAL DEVELOPMENT

**PERS 10 ORIENTATION TO COLLEGE**

*Advisories: Elig for ENGL 111 & 112 or ENSL 110 & 155*

Short-term course providing students with information necessary for transition into Monterey Peninsula College. May include assessment result analysis; clear understanding of AA/AS degrees, certificates, and transferring to CSU and UC; schedule-building; student services; school policies; college culture. Assessment results necessary to complete required Education Plan. (LG-P/NP) Transfer:CSU.

0670	ThF	9:00am-1:05pm	Staff	BMC206	0.5 (01/23-01/24)
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-----MPC Education Center Classes-----

Sections below offered at: MPC Education Center, 289 12th St., Marina.

0674	Sat	9:00am-1:05pm	Staff	MA501	0.5
	& Sat	2:00pm-6:05pm			(01/11-01/11)

Above section is an all-day class that meets from 9:00am to 6:05pm.

0675	MT	9:00am-1:05pm	Staff	MA501	0.5 (01/13-01/14)
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## PHYSICAL EDUCATION

**PHED 20.8 SKILL DEVELOPMENT FOR TENNIS**

*Limits: Initial tryout required to determine possession of appropriate skill level for safe participation*

Tournament play, advanced techniques, singles and doubles tactics and strategies appropriate for intercollegiate tennis. May be taken four times for credit. (LG-P/NP) Transfer:CSU;UC.

4794	MTWThF	12:00pm-2:00pm	Tran	TCTS	0.5 (01/06-01/28)
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**PHED 21 COMPETITIVE GOLF**

Designed to build the skills and techniques required for playing competitive golf. (LG-P/NP) Transfer:CSU.

0000	MTWThF	1:00pm-3:00pm	Russo J	RCGC	0.5 (01/06-01/28)
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**PHED 29 VARSITY ATHLETIC CONDITIONING**

*Limits: Initial tryout required to determine possession of appropriate skill level for safe participation*

Designed to improve the cardiovascular endurance, muscular strength, flexibility, and athletic skills of individuals interested in intercollegiate competition. May be taken four times for credit. (LG-P/NP) Transfer:CSU.

0717	MTWThF	2:30pm-4:25pm	Carroll	TRACK	0.5 (01/06-01/28)
4795	MTWThF	10:00am-11:55am	Bates	PE201	0.5 (01/06-01/28)
4796	MTWThF	1:00pm-2:55pm	Phillips D	BFIELD	0.5 (01/06-01/28)
4798	MTWThF	2:00pm-3:55pm	Berg	SFIELD	0.5 (01/06-01/28)
4799	MTWThF	2:00pm-3:55pm	Spiering	PE201	0.5 (01/06-01/28)

## PHYSICAL FITNESS

FITNESS and WEIGHT TRAINING CENTER HOURS  
EARLY SPRING 2014

(January 2 – January 28, 2014)

9:00 am-1:00 pm • Monday through Saturday

4:30 pm – 6:30 pm • Monday through Thursday

(831) 646-4271

To use the Fitness and Weight Training Center:

1. Students must enroll in either PFIT 10A, Beginning Weight Training, or PFIT 14, Exercise for Health and Fitness, depending on your fitness emphasis.
2. All students must check in the first two days of the Early Spring session: January 2 or 3, 2014.

**PFIT 10A BEGINNING WEIGHT TRAINING**

Beginning weight training exercises and routines for developing and maintaining muscular tone, strength, and endurance. (LG-P/NP) Transfer:CSU;UC.

0083	5.1	Wkly hrs by arr	Staff	FTC117	0.5
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**PFIT 14 EXERCISE FOR HEALTH AND FITNESS**

Introduction to stretching and strengthening exercises on a stability ball. Designed for varying fitness levels and abilities with emphasis on alignment, posture, and efficiency. (LG-P/NP) Transfer:CSU;UC.

4817	5.1	Wkly hrs by arr	Schutzler	FTC204	0.5
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**PFIT 84 SPORTS MASSAGE**

*Prerequisites: PFIT 82; or massage training equivalent in content and hours to PFIT 82*

Event massage, maintenance massage, and rehabilitative massage techniques used to enhance performance, reduce pain, increase mobility, and manage minor soft tissue injuries in athletes and non-athletes. (LG-P/NP) Transfer:CSU.

5161	MTWThF	6:00pm-9:30pm	Tuff	PE205	2.0
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## SPEECH COMMUNICATION

**SPCH 1 PUBLIC SPEAKING**

*Prerequisites: ENGL 111 or ENSL 110*

Theory and techniques of public speaking in democratic society. Discovery, development, and criticism of ideas in public discourse through research, reasoning, organization, composition, presentation, and evaluation of various types of speeches, including informative and persuasive speeches. (LG-P/NP) Transfer:CSU;UC.

0721	MTWThF	9:00am-12:25pm	Stewart	HU205	3.0
		(01/6-01/24)			



Philosophy						Older Adult Program				
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Section	Days	Time	Instructor	Loc/Rm	Units
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**PHILOSOPHY**

**PHIL 2 INTRODUCTION TO PHILOSOPHY**

*Advisories: Eligibility for ENGL 1A*  
 Philosophical ideas and methods concerning knowledge, reality and values. Expected topics will include the sources and limits of knowledge, and the nature of reality. Other topics that may be examined from a philosophical perspective include the nature of the self, truth, ethics, religion, science, language, beauty and art, political theory, or mind. (LG-P/NP) Transfer:CSU;UC.

4764	10.2	Wkly hrs by arr (01/02-01/28)	Provost	Online	3.0
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*ONLINE COURSE. Course materials and instructions will be provided at <http://mpconline.mpc.edu> No face-to-face orientation will be held for this course, and there are no required on-campus meetings. Log-in instructions and class information including textbook and participation requirements can be found on the instructor's website [http://www.mpcfaculty.net/john\\_provost](http://www.mpcfaculty.net/john_provost) Make sure you have a working e-mail address entered into your MPC Online profile so that the instructor can contact you. The course will become open for access the week prior to class start date. E-mail questions to [jprovost@mpc.edu](mailto:jprovost@mpc.edu)*

**ONLINE**

**PHIL 2 INTRODUCTION TO PHILOSOPHY**

*Advisories: Eligibility for ENGL 1A*  
 Philosophical ideas and methods concerning knowledge, reality and values. Expected topics will include the sources and limits of knowledge, and the nature of reality. Other topics that may be examined from a philosophical perspective include the nature of the self, truth, ethics, religion, science, language, beauty and art, political theory, or mind. (LG-P/NP) Transfer:CSU;UC.

4764	10.2	Wkly hrs by arr (01/02-01/28)	Provost	Online	3.0
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*ONLINE COURSE. Course materials and instructions will be provided at <http://mpconline.mpc.edu> No face-to-face orientation will be held for this course, and there are no required on-campus meetings. Log-in instructions and class information including textbook and participation requirements can be found on the instructor's website [http://www.mpcfaculty.net/john\\_provost](http://www.mpcfaculty.net/john_provost) Make sure you have a working e-mail address entered into your MPC Online profile so that the instructor can contact you. The course will become open for access the week prior to class start date. E-mail questions to [jprovost@mpc.edu](mailto:jprovost@mpc.edu)*

Section	Days	Time	Instructor	Loc/Rm	Units
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**OLDER ADULT PROGRAM**

<b>CF</b>	<b>Carmel Foundation</b> Lincoln & 8th Avenue, Carmel				
<b>CVM</b>	<b>Carmel Valley Manor</b> 8545 Carmel Valley Rd., Carmel				
<b>OC</b>	<b>Oldemeyer Center</b> 986 Hilby Ave., Seaside				
<b>OLMTCV</b>	<b>Our Lady of Mt. Carmel Church</b> 9 El Caminito Rd., Carmel Valley				
<b>SALLYG</b>	<b>Sally Griffin Active Living Center</b> 700 Jewell Ave., Pacific Grove				
<b>SPC</b>	<b>Scholze Park Center</b> Lighthouse & Dickman Ave., Monterey				
<b>UUCMP</b>	<b>Unitarian Universalist Church</b> 490 Aguajito Rd., Carmel				

**ART 431 DRAWING AND COMPOSITION**

Techniques of drawing and principles of composition. Work in a variety of media. (NC)

4953	W	9:00am-11:50am (01/08-01/29)	Okelberry M	OLMTCV	0.0
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*Above section subtitled 'Accidentally on Purpose.'*

**ENGL 425 FROM THE BOOK SHELF**

The reading of selected literary works designed to promote discussion, socialization, and literary judgment of older adults. Content varies from semester to semester and may include fiction, drama, poetry, essay, biography and autobiography. (NC)

4957	F	10:00am-11:50am (01/10-01/31)	Tarantino	CF	0.0
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*Above section subtitled 'Strange Fruit: Four 'Songs' from the South.'*

