

Crisis Intervention

If this is an emergency, call 911

- **Community Hospital of the Monterey Peninsula Crisis Intervention: 831-625-4623; www.chomp.org**
 - Assessment and referral in acute substance abuse issues is available 7 days a week, 24 hours/day. Call above number or come into the emergency room.
- **Natividad Medical Center Behavioral Health Crisis Team: 831-755-4111; www.natividad.com**
 - Assessment and referral in acute substance abuse issues is available 7 days a week, 24 hours/day. Services in both English and Spanish. Individuals should call the above number or come into the emergency room. The crisis team is paged; caller might need to wait a few minutes.

Twelve-Step Programs

- **Alanon/Alateen: Salinas 24-hour Tel 831-424-6207, Monterey 24-hour Tel 831-373-2532; www.ncwsa.org**
 - Helpline provides information and referral in both English and Spanish to support groups in the county for teens, families, and friends of those who struggle with alcohol addiction. Support groups offered in both English and Spanish.
- **Alcoholics Anonymous in Monterey Bay Area: 24-hour Helpline 831-373-3713; www.aamonterey.org**
 - Alcoholics Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other in order to address their common problem. Helpline and website provide information on AA meetings in the Monterey Peninsula.
- **Alcoholics Anonymous in Salinas Valley: 24-hour Helpline 831-424-9874; For classes in Spanish call 831-757-8518; www.aasalinas.org**
 - A number of Alcoholics Anonymous meetings are offered in the Salinas Valley. Website and helpline provides information on these AA meetings. Meetings offered in both English and Spanish.
- **Celebrate Recovery: 831-422-7811; www.fpcsalinas.org**
 - Faith-based support groups for individuals dealing with a variety of recovery issues including addiction, co-dependency, financial problems, divorce, blended families,

abuse, grief, and depression. Separate groups for men and women. Child care provided. No fees.

- **Narcotics Anonymous: Salinas Tel 831-758-1630, Monterey Tel 831-624-2055; www.monterey-sbna.org**
 - A fellowship of those recovering from addiction that utilizes the 12-step program to help people recover from drug addiction, maintain recovery, and improve the quality of life.

Alcohol and Drug Abuse: Community Education

- **Community Recovery and Resource Center: Salinas 831-753-5150, Seaside 831-393-9316, King City 831-385-0100; www.sunstreetcenters.org**
 - Offers education on alcohol and drug prevention for parents and youth at various sites in the community, 12-step programs, and the Driving under the Influence Program.
- **D.A.I.S.Y. (Drug and Alcohol Intervention Services for Youth): 831-233-9029; www.chservices.org**
 - Utilizes the Seven Challenges program to provide education and intervention services for substance-abusing youth, ages 13-18, referred by Probation, Social Services, Behavioral Health, Juvenile Drug Court, parents, and schools. No charge. Services offered in both English and Spanish.
- **Mentor Moms and Dads; Foster and Adoptive Mentors: 831-758-0181; www.doortohope.org**
 - Mentors work with parents who have substance abuse problems and lost custody of their children, but now have the court's permission to attempt to regain them. Mentor moms and dads offer emotional support, advice, and guidance to the parents as they work their way through the legal process. Foster and Adoptive Mentors offer support to new families who have taken on the challenge of fostering or adopting a child in need of a home.
- **SPARK offered through Hartnell Community College: Tel 831-755-6709; To register, call 831-755-6807; www.hartnell.edu**
 - SPARK (Successfully Parenting At-Risk Kids) is a Foster and Kinship Care Education program offered at Hartnell College. This is a series of 4 classes which address the special needs of the perinatally drug-exposed child. The target audience includes foster care, relative, and adoptive families, as well as professionals who do work with these children. No cost.

- **Sunrise House: 24-hour Crisis Line 831-758-3302, Tel 831-751-9350; www.sunrisehouse.org**
 - Sunrise House provides alcohol and drug counseling and a 24-hour crisis line for adolescents and their families at the center on Capitol Street. The center on Gabilan Street provides community education and prevention activities in cooperation with schools and other community agencies, including youth drug diversion and youth alternative to violence programs. Bilingual counselors and prevention specialists. Clothing distribution for needy teens. Services are free.

Outpatient Drug Treatment Programs

- **Community Hospital Recovery Center Adult Services: 831-373-0924 or 1-800-528-8080; www.chomp.org**
 - Partial hospitalization and outpatient treatment programs addressing chemical dependency for adults. Medical treatment, relapse prevention services, family counseling, and support groups. Reimbursed through private insurance. Individuals without private insurance may qualify for sponsored care.
- **Door to Hope: 831-758-0181; www.doortohope.org**
 - Outpatient program for drug-dependent men and women. Services include individual/group counseling, life skills, family therapy, medical treatment, and 12-step recovery programs. Reimbursed through Medi-Cal, some insurance plans, or self-pay. Door to Hope also offers residential treatment for women.
- **MCSTART: 831-755-8155; www.doortohope.org**
 - A community program providing prevention, diagnostic, and treatment services for infants and young children who were exposed to alcohol or other drugs while in the womb. Services include screening, assessment and intervention services provided by a multi-disciplinary team, including medical and psychiatric professionals, occupational, physical, and speech therapists, parent educators, and substance abuse professionals. Reimbursement from public funding sources.
- **Off Main Clinic: 831-424-4828; www.chservices.org**
 - Provides methadone maintenance, detoxification, and counseling for adults addicted to heroin and other opiates, including prescription pills. Medi-Cal and private pay.
- **Sun Street Outpatient Counseling Center: 831-753-6001; www.sunstreetcenters.org**
 - Outpatient drug abuse treatment program for men and women includes individual, group, and after-care counseling. Reimbursed through public funds and private

insurance. Outpatient services are also offered at the Nancy Dodd Center, Pueblo Del Mar in Marina.

- **Valley Health Associates: Salinas 831-424-6655, Monterey 831-372-8392, Greenfield 831-674-1795; www.valleyhealthassociates.com**
 - Offers prevention, intervention, and outpatient treatment services for alcoholism, alcohol abuse, and drug dependency. Limited hours.

Residential Drug Treatment Programs

- **Beacon House: 831-372-2334; www.beaconhouse.org**
 - Private non-profit alcohol and drug treatment facility with residential, relapse, day and evening outpatient treatment programs. Twenty-two beds. Services are for men and women over age 18. The residential program is up to 90 days long. No children. A variety of after-care and family support services are offered on-site. Reimbursement through private insurance or self-pay.
- **Bridge Restoration Ministry: 831-372-2033; www.tbrm.org**
 - Christian-based residential facility for men (22 beds) with substance abuse problems who want to change their life. Residents must make a 12-month commitment to the program. Program focuses on anger management, marriage and family reconciliation, vocational training, personal finance management, relapse prevention, and spiritual principles of Christian discipleship. Transitional residential treatment. After-care and case management.
- **Door to Hope: 831-422-6226; www.doortohope.org**
 - Residential drug treatment for women, ages 18-64. Fourteen beds. Length of stay ranges from 3-6 months. Provides alcohol/drug education, individual/group counseling, after-care counseling, outpatient services, and referrals to other community programs. Pregnant women accepted. No children. Reimbursement from public funding and self-pay.
- **Genesis House: 831-899-2436; www.chservices.org**
 - State-licensed residential treatment program for adults and pregnant and parenting mothers accompanied by young children, ages 0-5. Services include individual assessment, treatment planning, medical services, medically-supervised detoxification, individual and group counseling, and relapse prevention. Co-ed program has 28 beds for a 3-6 month stay. The perinatal program has 8 beds for women with children for a stay of 4-6 months. Reimbursement through private pay and sliding fee scale.

- **Nueva Esperanza: 831-422-2636; www.doortohope.org**
 - A residential recovery program designed to meet the needs of Latina women. Pregnant women accepted. Six women and up to ten children. Length of stay is 3-6 months. Services include individual and group counseling, parent education, aftercare, transportation, 12-step meetings, and relapse prevention. Reimbursement through public funding and self-pay.
- **Sun Street Centers Men's Residential Program: 831-753-5145; www.sunstreetcenters.org**
 - Residential substance abuse primary recovery center for men 18 years or older. Fifty-four beds. Based on the social model of recovery. Education, counseling, and 12-step meetings. Assistance with vocational skills building and job finding. Family empowerment program. Reimbursement through public funding, private insurance, and self-pay.

Transitional Housing

- **Elm House: 831-920-1078; www.chservices.org**
 - Affordable transitional housing and supportive services for single adult women in early recovery from substance abuse. No children. Length of stay 18-24 months.
- **Pueblo del Mar Family Recovery Community: 831-582-9461; www.sunstreetcenters.org**
 - A transitional housing program for families who have completed an alcohol/drug program in Monterey County and who are committed to their recovery process and self-sufficiency. Housing for 54 families, including single women and men with children. Must have income from some source. A social model of recovery. Outpatient recovery services for women only provided at the on-site Nancy Dodd Center. May stay up to eighteen months.
- **Seven Suns Transitional Housing for Men: 831-753-5145; www.sunstreetcenters.org**
 - Self-supporting, transitional housing for adult men who have graduated from a primary recovery program. Housing for 53 men. Must be 30 days clean and sober. Must be employed or have some means of support. This is a social model of recovery. A variety of supportive services are available. Men may stay up to two years.