

- **C.A.T.S (Counseling and Therapy Services):** Seaside 831-394-4622, Salinas 831-757-7915; www.chservices.org
 - Confidential individual and group therapy for those impacted by HIV/AIDS, as well as gay, lesbian, bisexual, transgender, and questioning individuals and their families. Services offered in both English and Spanish. Fees on a sliding scale, based on ability to pay. Medi-Cal accepted. Some services are free.
- **California HIV/AIDS Service Referrals: California AIDS Hotline 1-800-367-2437;** <http://npin.cdc.gov/ca/>
 - This site is designed to help individuals find HIV testing, prevention, treatment, and support services in their local area. Information provided by the California Department of Public Health.
- **Central Coast HIV/AIDS Services: Seaside 831-394-4747, Salinas 831-442-3959;** www.cchas.org
 - Free anonymous or confidential HIV testing, using HIV Rapid Test (finger-prick or mouth swab). Results available in 20 minutes. An appointment is advised. Services also include assistance with emergency, transitional and permanent housing, food, transportation, counseling, emotional support and education for persons living with HIV/AIDS. Services in both English and Spanish.
- **Community Hospital of the Monterey Peninsula- OPIS Clinic: 831-625-4972;** www.chomp.org
 - The OPIS Clinic (Outpatient Immunology Services) offers confidential HIV testing and counseling. Fee charged. Call for appointment. Medical treatment and support for people with HIV/AIDS.
- **John XXIII AIDS Ministry: 831-442-3959;** www.johnxxiii.org
 - Services include HIV testing and education; community volunteering programs; housing and emotional support for individuals and families at risk for, or living with, HIV/AIDS in Monterey and San Benito counties in California.
- **Natividad Medical Center- N.I.D.O Clinic: 831-796-1770;** www.natividad.com
 - Free, confidential HIV testing and counseling. Call for appointment. Comprehensive medical care and case management of HIV positive adults, including pregnant women. HIV positive children are managed in collaboration with Lucille Packard Children's Hospital and Laurel Pediatric Clinic.